BICS Barnet Integrated Clinical Services





What is BICS? Barnet Integrated Clinical Services (BICS) provides mild to moderate mental health services to children, young people and families in the borough.

What we do If you live in the borough or attend a Barnet school and are struggling with social, emotional or behavioural difficulties, we might be able to help. We offer a range of individual and family evidence based interventions, alongside groups and workshops. We can meet face-to-face or vrtually either in school or in the community. We also offer a range of online content to support wellbeing and good mental health in Barnet.

How to refer Referrals can be made via **The Universal Plus Form** on the Barnet website from external agencies and parents or if the CYP is known to the local authority, Family Services staff can refer using 'BICS request for service'.

Email: **BICS@barnet.gov.uk** Support line: **020 8359 3130** www.barnet.gov.uk/bics



